PROGRAM AT A GLANCE

DAY 1 | THURSDAY
3 DECEMBER 2026

	MAIN HALL			HALL 2	HALL 3	HALL 4	HALL 5
	Left Channel	Middle Channel	Right Channel	Wetlab	Arena	Global Village	
08:30 - 09:00	Breakfast Buffet in Exhibition Area (08:30 - 09:30)						
09:00 - 09:30					09:00 - 11:00 Cornea & Refractive Surgery 1 (Free Papers)	09:00 - 11:00 Retina & Uveitis 1 (Free Papers)	09:00 - 11:00 Pediatrics & Strabismus 1 (Free Papers)
09:30 - 10:30	Instructional Courses Instructional Course (Thursday) - Retina (Channel 1) Instructional Course (Thursday) - Pediatric (Channel 2) Instructional Course (Thursday) - Refractive (Channel 3) Instructional Course (Thursday) - Cataract (Channel 4) Instructional Course (Thursday) - Cataract (Channel 5) Instructional Course (Thursday) - Glaucoma (Channel 6) Instructional Course (Thursday) - Cornea (Channel 7)			09:30 - 11:00 Yamane			
10:30 - 11:30	Cataract 360: Innovations, Trends and Techniques		Glaucoma Unlocked: Smarter Decisions, Better Outcome				
11:30 - 12:30	OR Experience "Cataract"	OR Experience "Cornea"	Pediatrics: The Challenge is on: How Would you Handle it?	11:30 - 13:00 DMEK			
12:30 - 13:00	Coffee Break						
13:00 - 14:00	Cataract: Answers to Common Questions in Our Daily Practice	Cornea & Refractive: Answers to Common Questions in Our Practice	Retina: The Modern Clinic - Technology, Trends, and Treatment Paradigms				
14:00 - 15:00		Cornea & Refractive: Panel Discussion: "The Ultimate Case Challenge - Put Your Skills to Test!"		13:30 - 15:00 PKP & Corneal Suturing Skills			
	Glaucoma Controversies: Fact, Fiction, or Changing Paradigms?		Retina Panel Discussion: "The Ultimate Case Challenge - Put Your Skills to Test!"				
15:00 - 16:00	Opening Ceremony				15:00 - 16:30 Video Session S1		
	Lunch Buffet						
16:00 - 18:00						16:00 - 18:00 Challenge your practice: Is there a better way?	

13th Evolving Practice Of Ophthalmology Middle East Conference
EPOMEC
EXPANDING VISION

PROGRAM AT A GLANCE

DAY 2 | FRIDAY
4 DECEMBER 2026

	MAIN HALL			HALL 2	HALL 3	HALL 4	HALL 5
	Left Channel	Middle Channel	Right Channel	Wetlab	Arena	Global Village	
08:30 - 09:00	Breakfast Buffet in Exhibition Area						
09:00 - 10:00	**Instructional Courses** Instructional Course (Friday) - Retina (Channel 1) Instructional Course (Friday) - Pediatric (Channel 2) Instructional Course (Friday) - Refractive (Channel 3) Instructional Course (Friday) - Cataract (Channel 4) Instructional Course (Friday) - Cataract (Channel 5) Instructional Course (Friday) - Glaucoma (Channel 6) Instructional Course (Friday) - Cornea (Channel 7)			09:00 - 10:30 CAIRS	09:00 - 11:00 Cornea & Refractive Surgery 2 (Free Papers)	09:00 - 11:00 Oculoplastics & Neuroophthalmology (Free Papers)	09:00 - 11:00 Cataract & Glaucoma 1 (Free Papers)
10:00 - 11:00	Cataract Hot Seat: What Would You Do If You Were Me?	Cornea & Refractive: Controversies in Cornea and Refractive Surgeries	Retina: Practical Retina for the Comprehensive Surgeon				
11:00 - 11:30	Cataract Panel Discussion: Where Experts Disagree	"Ocular Surface Disease uncovered: New Drugs, New Strategies"		11:00 - 12:30 Basic Eye Muscle Surgery: Strabismus Surgery Challenge			
11:30 - 12:00		"Rethinking Dry Eye Disease: Restoring Ocular Surface Homeostasis"					
12:00 - 13:00	Cataract: Learn From My Mistakes	Visionary Summit	Glaucoma Unfiltered: Rethinking What We Know				
13:00 - 14:00	Coffee Break and Friday Prayers						
14:00 - 15:00	OR Experience (FLORetina)	Cornea & Refractive: What Would You Do If You Were Me?			13:30 - 15:00 Video Session S2	13:30 - 15:00 UP Society: "Crack the Complex": Clever Strategies & Curative Solutions	
15:00 - 16:00	Cataract: OSCAR Video Competition for Best Pearls in Cataract & IOL Surgeries	Oculoplastics in Everyday Practice	Pediatrics: What's New and Interesting in Pediatric Ophthalmology	15:00 - 16:30 Vitrectomy: Hands-on Training	15:00 - 17:00 Cataract & Glaucoma 2 (Free Papers)		15:00 - 17:00 Retina & Uveitis 2 (Free Papers)
16:00 - 17:00	Lunch Buffet					16:00 - 18:00 Standalone Meeting 4	
17:00 - 18:00							

PROGRAM AT A GLANCE

DAY 3 | SATURDAY
5 DECEMBER 2026

	MAIN HALL			HALL 2	HALL 3	HALL 4	HALL 5
	Left Channel	Middle Channel	Right Channel	Wetlab	Arena	Global Village	
08:30 - 09:00	Breakfast Buffet in Exhibition Area						
09:00 - 10:00	**Instructional Courses** Instructional Course (Saturday) - Retina (Channel 1) Instructional Course (Saturday) - Pediatric (Channel 2) Instructional Course (Saturday) - Cataract (Channel 4) Instructional Course (Saturday) - Cataract (Channel 5) Instructional Course (Saturday) - Glaucoma (Channel 6) Instructional Course (Saturday) - Cornea (Channel 7)			09:00 - 11:00 Anterior Vitrectomy	09:00 - 11:00 General Ophthalmology (Free Papers)		
10:00 - 11:00	Cornea & Refractive: "OSCARS Competition: How to Manage Complications and Difficult Situations"		Retina: "Oscars Video Competition on Best Pearls in Retina Management"				
11:00 - 12:00	Cornea & Refractive: "KLEX in 2026: Platforms, Perspectives, and Clinical Choices"	Cataract: What's Your Next Move? (Cataract and IOL Surgeries)	OR Experience (FLORetina)	11:30 - 12:30 Phaco 1			
12:00 - 12:30							
12:30 - 12:59	Coffee Break						
	Glaucoma Subspecialty Day	Cornea & Refractive Subspecialty Day	Retina Subspecialty Day			Pediatrics Subspecialty Day	
13:00 - 15:30	OSCAR Video competition on Best Pearls in Glaucoma Management Part 1 - Glaucoma Showdown: Myths, Battles & Hard Cases Part 2 - Glaucoma Showdown: Myths, Battles & Hard Cases	Ibn Al-Nafis Award Lecture: Corneal Imaging in 2026 - Multimodal Intelligence to Precision Refractive Surgery "Innovation in Cornea & Refractive Surgery 2026" "What is New in the Diagnosis and Management of Keratoconus in 2026?"	Block 1: Retina Debate Block 2: Advanced Medical Retina & Inflammatory Disease Block 3: Complex Vitreoretinal & Pediatric Retinal Detachment Surgery Block 4: Innovations & Advanced Therapeutics	13:30 - 14:30 Phaco 2		Session A - Podcast with an Expert Session B - Novel Surgical Techniques Session C - Three-Minutes Tip Session D - From the Eye to the Cortex: A Neuro-Ophthalmology Journey	
15:30 - 16:00	Closing Ceremony & Followed by Lunch Buffet						